I I " Annual Grizzly Invitational

Granite Bay High School Swimming Invitational

March 3-4

LOCATION: NEW GRANITE BAY HIGH SCHOOL AQUATICS FACILITY

1 Grizzly Way, Granite Bay, CA 95746

FACILITIES: Outdoor, 14-lane, 25-yard course with Colorado Timing System, touchpads, and LED video

scoreboard. 10-lanes for competition with three lanes for warm-up.

MEET DIRECTOR: John Sherman (916) 223-6457 jsherman@rjuhsd.us

TIMES:

	Facility Opens	Warm-ups	Meet Begins
Friday	9:30 AM	10:00 AM	Noon
Saturday	7:30 AM	8:00 AM	10:00 AM

COMMITMENT: You <u>MUST fill out the following form</u> to indicate your interest. Additional information will be emailed

out later with specific information.

ENTRY LIMITS: • Swimmers are limited to a maximum of two (2) individuals and two (2) relays each day

for a total maximum of eight (8) events during the meet.

• Teams may enter up to four (4) relay teams max per relay event.

• Only four (4) entries max per team in each division for the 500 Free.

ENTRY FEES: \$200 per division (FSG / FSB / VG / VB or \$650 for all 4 divisions).

ENTRY Entry form and Hy-tek file will be emailed to all participating coaches. Entries are due no

SUBMISSION: later than Monday, FEBRUARY 27.

A meet fees report will be sent as confirmation. Mail check payable to Granite Bay Aquatics

(1 Grizzly Way, Granite Bay, CA 95746) or deliver check during check-in first day of meet.

SCORING & A maximum of four (4) swimmers may score per team per event. The top 16 will score in

LIMITS: each event. Only "A" relay for each school will score. Scoring will be calculated as follows:

INDIVIDUAL (1st-16th): 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

RELAY (1st-8th): 40-34-32-30-28-26-24-22

FORMAT: Timed finals. Heats will be seeded slowest to fastest.

RULES: Current NFHS and CIF Sac-Joaquin Section rules and warm-up procedures shall govern the

meet with all 4 divisions.

PARKING: Parking is free both days. With school in session on Friday, parking will be very limited in the

school parking lot. Please carpool and park legally on surrounding streets.

GATE FEE: There will be a \$7 gate fee each day for all spectators.

SNACK BAR: A full snack bar will be open during the meet. Hospitality available for coaches throughout

the meet and lunch will be provided for coaches both days.

	SCHEDULE OF EVENTS												
FRIDAY, MARCH 3					SATURDAY, MARCH 4								
JV	JV	EVENT	VAR	VAR		JV	JV	EVENT	VAR	VAR			
GIRLS	BOYS		GIRLS	BOYS		GIRLS	BOYS		GIRLS	BOYS			
1	2	200 Medley Relay	3	4		25	26	200 Free Relay	27	28			
5	6	200 Free	7	8		29	30	200 I.M.	31	32			
9	10	100 I.M.	11	12		33	34	100 Fly	35	36			
13	14	50 Free	15	16		37	38	500 Free	39	40			
17	18	100 Back	19	20		41	42	100 Free	43	44			
21	22	100 Free Relay	23	24		45	46	100 Breast	47	48			
						49	50	400 Free Relay	51	52			